

A guide to creating your own SUPERHOME

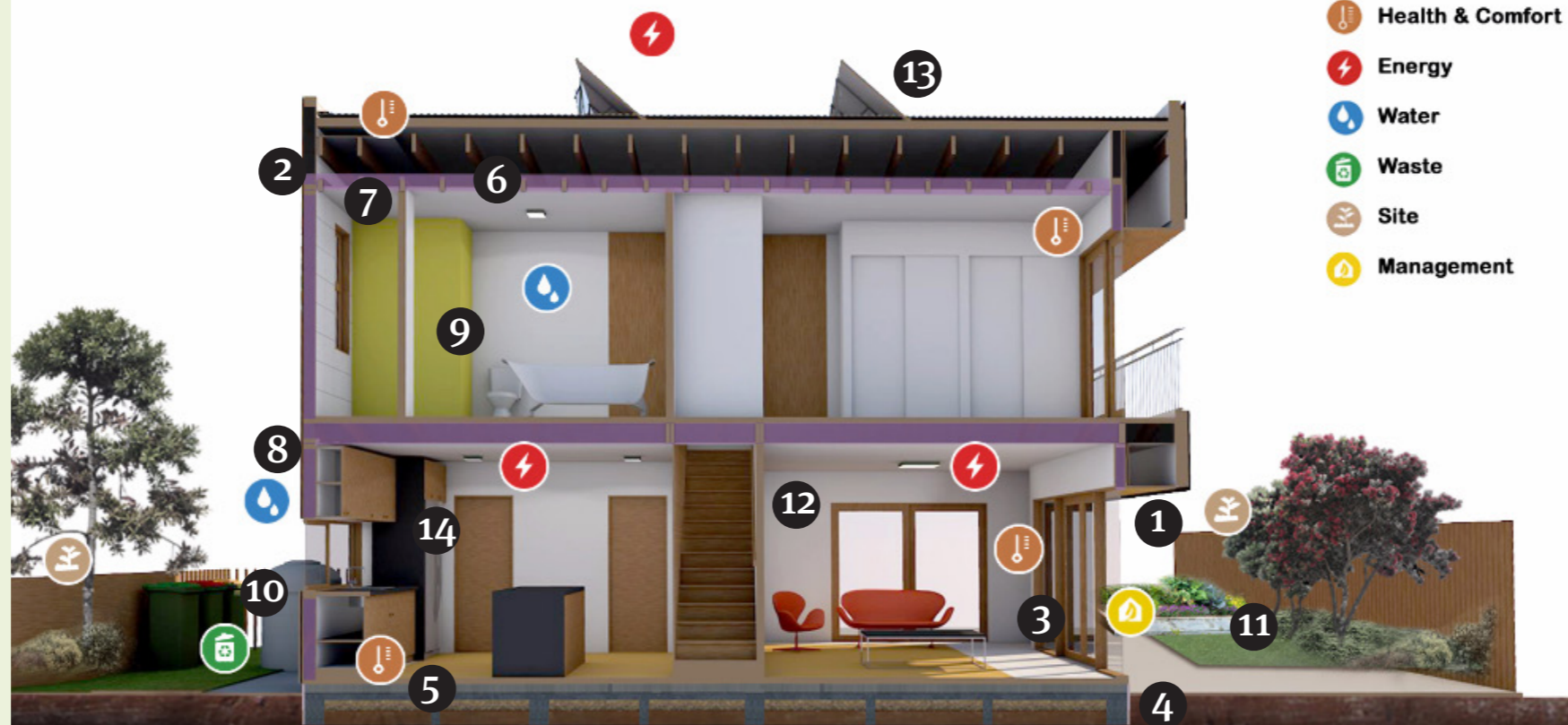
Plan your SUPERHOME

1. Plan early. Think about site location and the home's orientation to the sun. Be size efficient, build just what you need.
2. Find an architectural designer who is experienced in designing for health, comfort, resilience, and energy efficiency. A good architect or designer will save you thousands in running costs of the home.
3. Find a builder who is experienced in building above the minimum building code with evidence of several homes built to Homestar 6 or better. They should have a genuine interest in energy efficiency including a willingness to learn and make continual improvements, (avoid greenwash).
4. Invest in the thermal envelope first including airtightness, fully insulated slab, uninterrupted insulation in the walls and ceilings, and high performance windows
5. Be sustainable in your choice of building materials. Think of the generations of people who will live in the home after you are gone and what will happen to the home in 100 to 200 years.

- 1 Design orientated for correct solar gain shading optimised to prevent overheating
- 2 High performance thermal envelope insulation continuous without thermal bridges
- 3 Windows high spec and recessed in wall low E double glazing with thermal spacer
- 4 Foundations fully edge insulated with no thermal bridging and insulated floor
- 5 Efficient heating, e.g. underfloor solar powered
- 6 Ventilation — balance energy recovery system

- 7 Airtight construction to avoid heat loss and provide a vapour control layer preventing mold
- 8 Moisture removed at source, bathroom/kitchen
- 9 Water efficient fittings and appliances
- 10 Rainwater harvesting for irrigation/use in home
- 11 Food producing plants and native landscaping

- 12 Materials environmentally certified/natural
- 13 Renewable energy, e.g. solar
- 14 Energy efficient fittings and appliances



What is a SUPERHOME and why is it important?

In terms of building standards, New Zealand is around 20 years behind other developed countries. In fact, almost all houses built today are built to the minimum standard allowed by law, equivalent to a Homestar rating of 3. A Superhome is built above code, to between Homestar 6 and 10. A Superhome is warm, healthy, and resilient home that costs very little to run and has minimal impact on the environment. Superhomes don't need to be extravagant every home should be a Superhome. They are cleverly designed delightful homes, delivering a lifetime of comfort and wellbeing.

What is the SUPERHOME movement?

We are a group of builders, designers, suppliers and professionals committed to delivering healthy and energy efficient superhomes. By working together sharing ideas, demonstrating best practice and lobbying for change, we are raising the standard of housing in New Zealand. We connect people with innovative designs, smart technologies and new building methodologies to deliver superhomes.

Eco-Design Advisor service

The Council's Eco-Design Advisor provides free, independent, expert advice about home design and renovation. Book your free consultation at: www.ccc.govt.nz/eco-design-advice

Lifemark

Is a guide for designing homes to be liveable and safe for people of all ages and abilities. lifemark.co.nz

Well designed

Beauty: Aesthetically beautiful just as much as it is functional
Functional spaces: Efficient use of space, good flow and plenty of storage
Lifetime design: Accessible and safe
Solar design: Sun facing windows sized for natural light and summer shade
Innovative: New, clever designs and building methods

Green

Water: Efficient fittings, appliances and rain harvesting
Waste: Avoids construction waste and home composting
Materials: Uses certified eco-friendly products
Health: Ventilation and moisture control
Ecological: Supports nature and food growing

Energy efficient

Insulated: High performance thermal envelope
Efficient: Low cost heating, appliances and lights
Air-tight: No cold drafts or heat loss
Renewable: Solar energy systems and heat recovery

Resilient

Durable: Low maintenance materials and repairable systems
Weather tight: Cladding repels water and responds to climate
Earthquake: Damage prevention, quicker repair, Quakestar rating
Natural hazards: Flood, wind and fire smart, a future proof design

Homestar

Is an independent measure of the performance of your home using a 10 star system. It evaluates health, energy, water, waste and the materials used. The more stars your home has, the lower its running costs and environmental impact. 10 Stars means world-leading design and performance. See how your home scores. homestar.org.nz